

## CANYONING

### PROGRAM

#### • Day of FAMILY or BEGINNER'S CANYONING

Meeting point in Plaza de Catalunya (Metro Lines 1, 3, 6 and 7) and departing at 07:30 am. Transfer in a comfortable minivan to the canyoning location, 3 hours away from Barcelona, at the small town of Sort, in Lleida (Catalan Pyrenees)

Equipment will be prepared and distributed, and you will receive brief explanations and security recommendations. You will move towards the activity location with your guide, who will decide the route according to weather conditions. You will just have to get your senses ready and enjoy the moment!

Picnic after the activity (catalan charcuterie sandwich, cheese, crisps, cereal bars, fruit, drinks)

*\*Please contact us for rustic vegetarian options*

Return to Barcelona approximately at 19.30. End of services.

#### • Day of ADVANCED CANYONING

Meeting point in Plaza de Catalunya (Metro Lines 1, 3, 6 and 7) and departing at 07:30 am. Transfer in a comfortable minivan to the canyoning location, 2.30 hours away from Barcelona, in the French Pyrenees, El Canigó is located in Perpiñán.

You will be met by your guide in an area of bumpy waters, where you will be able to soak your legs for an hour while you go tubing and you float down the river for an hour.

Next, you will be able to have a sandwich or a salad and a drink at the restaurant.

In the afternoon, your guide will give you short explanations and security recommendations. You will be taken to the canyon in Llech for 3 hours of canyoning, abseiling, and optional jumps of 5-9 meters. giant slides, washing machine effect, and a surprise. You will just have to get your senses ready and enjoy the moment

At the end of the day, you will be driven back to Barcelona at approximately 19.30. End of services

#### PERIOD

All year

#### FORMULA

One day:

- Family Canyoning at the Catalan Pyrenees: suitable terrain for everyone
- Beginner's Canyoning at the Catalan Pyrenees: Slightly more technical, but not complicated
- Advanced Canyoning at the French Pyrenees: Technical terrain that requires more physical effort, but it's suitable for anyone in search of strong sensations

#### LOCATION

- ➔ SORT at the Catalan Pyrenees
- Or
- ➔ LLECH at the French Pyrenees

#### MEETING PLACE AND TIME

- 7.30 am at Plaça Catalunya (in front of Hard Rock Café) on Barcelona Metro L1, L3, L6, L7.

[Google Maps click here](#)

